



Eurythmy for Adults

Eurythmy is a social movement art that seeks to inspire a wakeful relationship between ourselves and the world. We will explore how outer gesture and form relate to inner soul realities. We will discover what it means to move in harmony with others to achieve a conscious unity in movement. All are welcome, from young adults to grandparents.

Peter and Rebecca Karnowski are visiting instructors from California who are working with students at The Anchorage Waldorf School and Winterberry Charter School.

Come experience the joy of eurythmy! Free; donations welcomed.

Wednesday, November 1
6 pm potluck, 6:30 time to move

Please bring something to share if you can.

For more information please contact:
office@waldorfak.org or 333-9062

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The Anchorage
Waldorf
School

Awakening Wonder