

# PHYSICAL EXAM FOR SCHOOL ENTRY

# Anchorage Waldorf School

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_  
 Home address \_\_\_\_\_ Home phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

*School Entry Physical must be done up to 12 months before the first day of Kindergarten or school start for other grades.*

## Part I- HISTORY: To be completed and signed by child's parent/guardian.

**To Parent/Guardian:** Please check answers to questions 1 through 21 below in the column on the left.

*(Please explain any "Yes" answers in the space provided below.)*

1. Yes ☐ No ☐ Any current illness?
2. Yes ☐ No ☐ Allergy ((food, drug, latex, airborne, bee sting, other)
3. Yes ☐ No ☐ Asthma or breathing problems
4. Yes ☐ No ☐ Attention-Deficit/Hyperactivity Disorder
5. Yes ☐ No ☐ Bladder/Bowel problems
6. Yes ☐ No ☐ Dental problems
7. Yes ☐ No ☐ Developmental problems
8. Yes ☐ No ☐ Diabetes
9. Yes ☐ No ☐ Head or spinal injury
10. Yes ☐ No ☐ Hearing problem (ear tubes, hearing aids)
11. Yes ☐ No ☐ Heart problems
12. Yes ☐ No ☐ Hospitalizations, operation, or major illness
13. Yes ☐ No ☐ Loss of consciousness
14. Yes ☐ No ☐ Medications
16. Yes ☐ No ☐ Muscle problems
17. Yes ☐ No ☐ Seizure
18. Yes ☐ No ☐ Speech problems
19. Yes ☐ No ☐ TB test positive
20. Yes ☐ No ☐ Vision problems (glasses, contacts)
21. Yes ☐ No ☐ My child is healthy and has no health concerns

**To Parent/Guardian:** Please explain any "Yes" answers from above.

List all prescription, over-the-counter, and herbal medications your child takes regularly or occasionally: \_\_\_\_\_

*\*A Long-Term Medication form must be completed by your healthcare provider if your child needs medication at school.*

*\*Parent must provide emergency medications such as Epi-pen, inhaler, glucagon, and diastat if needed in school, Immunization record and TB test if done must be provided at school.*

X  
 Parent / Guardian Signature \_\_\_\_\_

## Part II- PHYSICAL EXAMINATION: To be completed by Licensed Physician (MD or DO), Advanced Nurse Practitioner or Physician's Assistant only.

**SCREENING RESULTS:** Male ☐ Female ☐

Height: \_\_\_\_\_ in. Weight: \_\_\_\_\_ lbs. BMI: \_\_\_\_\_

B/P: \_\_\_\_\_

Vision - w/o Glasses: Right 20/\_\_\_\_\_ Left 20/\_\_\_\_\_ Both 20/\_\_\_\_\_

Vision - With Glasses: Right 20/\_\_\_\_\_ Left 20/\_\_\_\_\_ Both 20/\_\_\_\_\_

HEARING - Right: Passed ☐ Failed ☐ Referred ☐

HEARING - Left: Passed ☐ Failed ☐ Referred ☐

	NORMAL	ABNORMAL	TREATED	REFERRED TO
Eyes				
Ears				
Nose				
Throat				
Teeth				
Neck				
Lungs				
Heart				
Abdomen				
Genitalia				
Posture				
Joints				
Skin				
Neurological				
Behavioral				
Emotional				

**This child has the following problems that may impact school success**

☐ Vision ☐ Hearing ☐ Speech/Language ☐ Physical

☐ Social/Behavioral ☐ Cognitive Specify: \_\_\_\_\_

☐ This child has a health condition that may require emergency action at school, e.g. seizures, allergies, asthma. Specify \_\_\_\_\_

☐ This child may participate fully in school activities including physical education.

☐ This child may participate in school activities including physical education with the following restriction/adaptation. Specify: \_\_\_\_\_

Healthcare Provider Signature & Title: \_\_\_\_\_

Date \_\_\_\_\_

Printed Name or stamp: \_\_\_\_\_